

Gerson Institute



healing with nature

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Gerson Institute Resource Catalog

Books, Video, Audio, Products, Membership

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Welcome to the Gerson Institute

Within the pages of this catalog, you will find a comprehensive selection of books, DVDs, CDs and products to help you or your loved ones get started on the Gerson Therapy. As a non-profit organization, the Gerson Institute is dedicated to teaching people how to heal chronic and degenerative diseases, based on the vision, philosophy and the successful work of Dr. Max Gerson, MD. Dr. Gerson's daughter, Charlotte Gerson, founded the Gerson Institute in 1977 to make the Gerson Therapy available to people across the world.

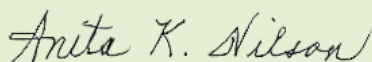
As Dr. Gerson wrote in his classic book *A Cancer Therapy: Results of 50 Cases*: "Cancer, the great killer, will be prevented and can be cured if we can learn to understand the eternal laws of totality in nature and in our body." The Gerson Therapy successfully treats a wide variety of different ailments because it does not merely treat the symptoms of disease, it treats the underlying causes: toxicity and nutritional deficiency.

We offer you these books and educational materials about the Gerson Therapy, so you can learn about the power of natural healing. If you are ill, the first and most essential step to beginning your healing journey is to become fully educated about how and why the Gerson Therapy works, so you can make an informed decision about your health and treatment options. The books contain all the information you need to get started on the Gerson Therapy. If you enjoy good health, our materials can help ignite your passion for natural healing and provide guidance for maintaining a healthy lifestyle.

Dr. Gerson was a pioneer in promoting the consumption of organic fruits and vegetables, juicing and detoxification as a way to combat cancer and other diseases, at a time when this was not popular or commonly understood. Now, there is a groundswell of people voting with their forks and hearts, spreading their knowledge of the body's natural ability to heal itself when provided proper nutrition, rest and removal of toxins.

We are here to serve you in your quest for health and knowledge. You have the power to heal yourself. We can give you the tools and show you how! For more information, visit our website at www.gerson.org.

In the best of health,



Anita K. Wilson,
Executive Director of the Gerson Institute

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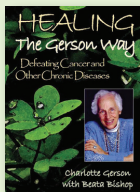
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*We offer specials on the
products in our store every
month. Check our online store
www.gerson.org/store to see
our current monthly special.*

Books

Healing the Gerson Way

by Charlotte Gerson
and Beata Bishop

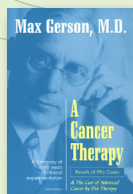


Written by Charlotte Gerson, founder of the Gerson Institute and daughter of Max Gerson, M.D., and Beata Bishop, a recovered Gerson melanoma patient, this is a complete guide to the theory and practice of the Gerson Therapy, developed over 80 years ago by Dr. Max Gerson, M.D. (1881-1959). It shows that our increasingly denatured, nutritionally empty, toxic modern diet is the main cause of today's worsening health crisis. The book offers the solution in the form of a brilliant, precision-built nutritional program that eliminates the underlying causes of disease, leading to lasting cures. *Healing the Gerson Way* provides complete instructions for following the Gerson Therapy, including information and instructions for the diet, detoxification, juicing and supplementation, as well as daily and yearly patient schedules and protocols

Paperback, 434 pages. \$29.95

A Cancer Therapy: Results of Fifty Cases & the Cure of Advanced Cancer By Diet Therapy

by Max Gerson, M.D.



In 1958, based on thirty years of clinical experimentation, Dr. Max Gerson (1881-1959) who developed the Gerson Therapy, published this medical monograph. This is the original and most

complete book on the Gerson Therapy. Dr. Gerson explains how the treatment reactivates the body's healing mechanisms in chronic degenerative diseases. The book incorporates extensive explanation of the theory with scientific research and the exact practice of the therapy, as well as a presentation of fifty documented case histories. Also included is a modified version of the Gerson Therapy for use with nonmalignant diseases or preventative purposes. Good for medical professionals.

Paperback, 448 pages. \$19.95

Gerson Therapy: Patient Handbook

by the Gerson Institute



A companion workbook to *A Cancer Therapy: Results of Fifty Cases and Healing the Gerson Way*. This handbook provides practical guidance and resources for Gerson patients. It provides a detailed discussion of the Gerson Therapy protocol, starting with procedures at the hospital (including notes from lectures by hospital physicians), necessities for doing the Therapy at home, interpretation of lab tests, and more. It includes juicing schedules and enema formulas, information on healing reactions, adjuvant therapies and procedures, pesticides and merits of organic food. It also includes all of the recipes found in the *Gerson Therapy Recipe Book*

Paperback, 105 pages. \$19.95

Books

The Gerson Therapy Home Packages

Recommended for Gerson patients following the Therapy from home. The Home Package contains the educational materials with the most vital information and instructions that a prospective Gerson patient needs to get started on their own.

The Gerson Therapy Home Package (3 books)

Contains three books: *Healing the Gerson Way*, *A Cancer Therapy: Results of 50 Cases* and the *Gerson Therapy: Patient Handbook*.

\$65.00



The Gerson Therapy Home Package (3 books and 3 DVDs)

Contains *Healing the Gerson Way*, *A Cancer Therapy: Results of 50 Cases* and the *Gerson Therapy: Patient Handbook*, as well as the Gerson Therapy DVD Set, Vol 1-3 (see page 14).

\$125.00



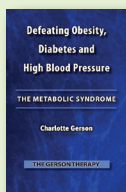
Defeating Obesity, Diabetes and High Blood Pressure

by Charlotte Gerson

The “Metabolic Syndrome” is a complex of problems centering on obesity that puts people’s lives at risk from cancer, diabetes, cardiovascular disease and stroke, the top four disease killers in the United States.

This volume examines the remedy for the underlying causes of obesity and its constant companions, diabetes and high blood pressure. Many readers will find the concepts and approach to the Metabolic Syndrome very similar to those for cancer and other chronic diseases, as they stem directly from the Gerson Therapy. However, those people who are not so immediately at risk from malignant disease will be able to defeat their ailments with a somewhat less stringent approach than cancer patients.

Paperback, 302 pages. \$21.95



Defeating Arthritis, Bone and Joint Diseases

by Charlotte Gerson

Charlotte Gerson’s fourth book is a restatement of the Gerson Therapy aimed specifically at arthritis, and diseases of the bones and joints. This volume is a Gerson Therapy solution for a particular set of chronic, otherwise “incurable” diseases with which the Gerson Therapy has had excellent results. Charlotte delves into the causes, courses and non-toxic remedies for osteo-arthritis, rheumatoid arthritis (RA), ankylosing spondylitis, osteoporosis, scleroderma and others, offering no-nonsense, drug-free relief and even recovery from these painful, debilitating and sometimes fatal illness.

Paperback, 296 pages. \$21.95

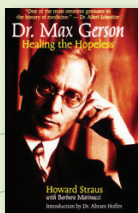


Books

Dr. Max Gerson: Healing the Hopeless

by Howard Straus with Barbara Marinacci

Howard Straus, the grandson of Dr. Max Gerson (originator of the Gerson Therapy), chronicles Dr. Gerson's life. It discusses the development of his world-famous dietary therapy and the struggles this medical pioneer faced as he challenged orthodox medicine with his nutritional protocol. This inspiring and uplifting biography follows Dr. Gerson through Nazi persecution, then persecution in the United States from the medical establishment, the continuation of his work despite the opposition, his questionable death and finally the present, where daughter Charlotte Gerson and the Gerson Institute work to continue his legacy and vision.

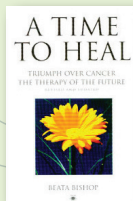


Paperback, 412 pages. \$27.90

A Time to Heal

by Beata Bishop

Told that her spreading melanoma would take her life by 1981, Beata Bishop traveled from London to Mexico to begin Gerson Therapy treatment. She writes of her experiences at the hospital with humor and introspection. *A Time to Heal* illustrates her newfound sense of well-being.



Paperback, 325 pages. \$12.95

Gerson Therapy Recipe Book

Delicious, healthy recipes for anyone looking to improve their health through diet. (Note: These recipes are included in *The Gerson Therapy Patient Handbook*). Companion to the "Food Preparation Video (Vol. 3).

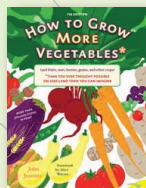


Paperback, 35 pages. \$7.50

How to Grow More Vegetables (and Fruits, Nuts, Berries, Grains, and Other Crops) Than You Ever Thought Possible on Less Land Than You Can Imagine

by John Jeavons

A classic in the field of sustainable gardening, this book shows how to produce a beautiful organic garden with minimal watering and care, whether it's just a few tomatoes in a tiny backyard or enough food to feed a family of four on less than half an acre.



Explains the "grow biointensive" sustainable mini-farming method of gardening. Describes a complete general approach to gardening including soil preparation, bed preparation, fertilizations, composting, seed propagation, transplanting, crop rotation, watering and weeding. Contains information for beginning, intermediate and advanced gardeners. Includes master charts for specific foods and plants to maximize the effectiveness of time and space in the smallest-scale growing area and sample garden plans. Recommends companion plants and methods of natural pest control.

Paperback, 268 pages. \$19.95

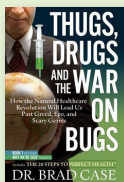
Books

Thugs, Drugs and the War on Bugs

by Dr. Brad Case

This book teaches the difference between the germ theory developed by Louis Pasteur and Pleomorphism suggested by Antoine Bechamp ("the terrain is everything"). It goes into depth about the relationship between the use of antibiotics and yeast infections and the connection between the mercury in vaccines and autism. Deeply researched, deadly serious, yet often humorous and irreverent, it thoroughly explains how we got into this mess and what we can do to be truly healthy.

Hardcover, 528 pages. \$29.95



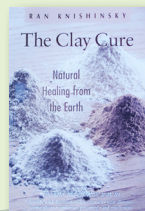
The Clay Cure

by Ran Knishinsky

An exceptional source of minerals, clay has been ingested as a nutritional supplement and detoxifier throughout the world for thousands of years.

The Clay Cure contains complete information on choosing the appropriate type and form of clay, how and when to take it for a specific complaint, the science and history of clay eating, and the value of minerals contained in the many varieties of clay. Also covers topical use in clay packs, masques, and baths.

Paperback, 104 pages. \$10.95

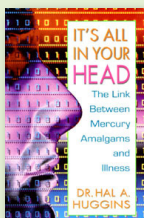


It's All in Your Head: The Link Between Mercury Amalgams and Illness

by Dr. Hal A. Huggins

Learn about the many symptoms, allergies, and other conditions caused by mercury fillings, and how to avoid other sources of mercury in the environment, as well as how to correctly remove the offending fillings. A must for anyone suffering from unexplained neurological, allergic and immunological problems. Dentist Hal Huggins has led the fight to alert the public and health professionals to the dangers of using mercury in the amalgams used to fill teeth. Here, he describes his battle with the American Dental Association and the results of his research studies.

Paperback, 208 pages. \$18.95



Root Canal Cover-up

by George E. Meinig, D.D.S., F.A.C.D.

Bacteria trapped inside the structure of teeth migrate throughout the body. They may infect any organ, gland, or tissue and can damage the heart, kidneys, joints, eyes, brain, and endanger pregnant women.

Learn how these infections were discovered by Weston A. Price, DDS in a 25 year Root Canal Research Program which was carried out under the auspices of the American Dental Association, and were subsequently covered-up.

Paperback, 227 pages. \$19.95



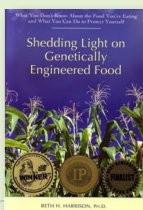
Books

Shedding Light on Genetically Engineered Food:

What You Don't Know About the Food You're Eating and What You Can Do to Protect Yourself
by Beth H. Harrison, PhD

Beth H. Harrison, PhD, explores why these crops do not benefit consumers, do not feed the world, do not help the environment, and are not rigorously regulated. Yet the government and the biotechnology industry expend questionable efforts to "educate" consumers, the media, and politicians with propaganda championing genetically engineered food as safe and necessary. Meanwhile, an unsuspecting public continues to be force-fed untested, unlabeled food that carries potential adverse health effects. Harrison provides a convincing argument as to why American consumers must question the collusion between their government and the biotechnology industry: their health—and yours—depends on it.

Paperback, 170 pages. \$15.95



The Cancer Blackout

by Nat Morris

In this eye opening and all too relevant book, author Nat Morris gives us a 200 year history of the development, use and suppression of many successful, non-toxic therapies.



Paperback, 200 pages. \$11.95

Cancer Control Journal

Cancer Control Society

The 1975 Double Issue of the Journal of the Cancer Control Society. Contains reprints of articles written by Dr. Gerson and about Dr. Gerson and the Gerson Therapy, a speech made by Charlotte Gerson, a review of Dr. Gerson's book *A Cancer Therapy: Results of Fifty Cases* and other articles about cancer treatment and prevention.

Paperback, 65 pages. 5.00

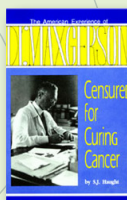


Censored for Curing Cancer

by S.J. Haught

S.J. Haught planned to interview Dr. Gerson for a story called "The Unveiling of a Quack." Instead, he wrote a story that he describes as about "a man who by absolute record had cured people of cancer, including children, and his incredibly courageous and lonely fight against the forces of organized medicine." The book hosts personal stories, examines the suppression of information regarding Dr. Gerson's work, and includes case histories such as the healed patients presented at Dr. Gerson's 1946 testimony before the U.S. Senate.

Paperback, 135 pages. \$6.95



Books

Doctor Max

by Giuliano Dego

This biographical novel tells a story based on pioneering physician Max Gerson's acclaimed cancer therapy and his heroic struggle to change the way we look at health and healing. This entertaining, action-packed novel is a fictionalized dramatization of the history and development of the Gerson Therapy.

Paperback, 767 pages. \$19.95



aspects of health and illness. We recognize that cancer and other degenerative illnesses need to be approached holistically, and that emotions, mind, spirit, and relationships with people and the environment are all important factors in health and illness. This guide was created for those interested in exploring activities that can enhance emotional, spiritual, and physical wellbeing during and after the Gerson Therapy.

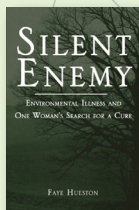


Spiral-bound paperback, 22 pages. \$5.00

Silent Enemy

by Faye Hueston

Some years ago, while living in London, Faye Hueston became mysteriously ill. Unable to find a cause for her peculiar symptoms, doctors dismissed them as psychosomatic. Eventually, tests by a clinical ecology doctor proved the cause to be pesticide poisoning. *Silent Enemy* refers to the chemicals that are polluting our bodies as well as the environment. Based on the diaries Faye Hueston kept at the time, it chronicles her experience with environmental illness, her long, often frustrating search for a cure, and her treatment on the Gerson Therapy



Paperback, 283 pages. \$16.95

Mind/Body/Spirit Reference and Resource Guide

The Gerson Therapy would not be a complete holistic therapy without addressing the emotional and mind & body

The Essene Gospel of Peace

by Edmond Bordeaux Szekely

This purported translation of scrolls (third century Aramaic manuscript) found at the Dead Sea and stored in the Vatican contains the wisdom of the ancient Essenes concerning healing, nutrition. In it, there is even a detailed description of the benefits and method of giving oneself an enema! Surprisingly close to the Gerson Therapy, the vegan wholesome living that is advocated (possibly by Jesus) was known over 2,000 years ago. This is book one of four. The low price of the book reflects the publisher's wish to make the message within it available to all.



Paperback, 59 pages. \$2.00

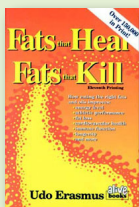
Books/eBooks

Fats that Heal, Fats that Kill

by Udo Erasmus

The most complete guide to fats and oils in health and nutrition, describing the success in using unrefined flax oils to help heal cancer, arteriosclerosis and other degenerative diseases. Highly recommended for Gerson patients. It also discusses research on common and less well-known oils with therapeutic potential. The author also exposes the manufacturing processes that turn healing fats into killing fats and explains the effects of these damaging fats on human health.

Paperback, 456 pages. \$22.95



The Scientific Med Pack Data CD

A collection of articles on CD from scientific journals about the Gerson Therapy, including articles by Dr. Max Gerson.

On CD. \$15.95



eBooks

eBook Information

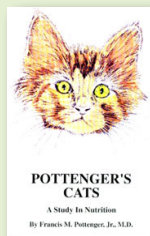
In addition to the hard copies of the books offered in this catalog, we will soon offer several of our most popular titles as eBooks. Our eBooks will cost about 1/3 of the price of the paperbacks, with no shipping fees! You will be able to download the books and start reading in a matter of minutes. Our eBooks will be in PDF format, which is readable with most major reader and tablet devices. Our eBooks are professionally formatted, with searchable text and a linked table of contents. We currently offer a number of high-quality PDF scans of our booklets which you can download. See our current selection of PDF booklets in our online store, and check back soon for our upcoming eBooks at www.gerson.org/store

Pottenger's Cats: A Study in Nutrition

by Dr. Francis M. Pottenger, Jr., M.D.

Pottenger's Cats is a classic research study that demonstrated the dramatic degeneration of successive generations of cats fed cooked food versus raw food. Dr. Pottenger compared healthy cats on raw foods to those on heated diets. Behavioral characteristics, arthritis, sterility, skeletal deformities and allergies are some of the problems that are associated with the consumption of cooked foods.

Paperback, 123 pages. \$7.95



Newsletters/Booklets

Newsletters

Healing News Newsletter Set

A digital collection on a single CD of all the past issues of The Gerson Institute's inspiring and informative newsletter, *Healing News*, in one convenient reference archive.



\$24.95

Newsletter Bundles by Topic

\$5 bundles contain 2 to 5 issues

\$10 bundles contain 6 to 10 issues

\$15 bundles contain over 10 issues



Amalgams & Root Canals - \$5

Chemo Pre-Treatment Testimonials - \$5

Chemo Information - \$5

Fluoride - \$5

Heart Disease - \$5

Prostate Cancer - \$10

Soy Products - \$5

Vaccines - \$10

Newsletter Bundles Coming Soon

Testimonials (Variety) - \$15

Coffee Enemas - \$5

Allergies - \$5

Alzheimer's - \$5

Lung Cancer - \$5

Microwaves - \$5

Diabetes & Artificial Sweeteners - \$15

Melanoma - \$15

Children's Health - \$15

Booklets

Also available in PDF format through our online store www.gerson.org

The Little Enema Book

Gerson Support Group UK

The Little Enema Book contains detailed instructions on how to prepare and take an enema. It includes techniques, equipment, types of enemas and their recipes (coffee, chamomile and castor oil). It also discusses the origins and history of enemas, the function and purpose of the enemas and frequently asked questions. *The Little Enema Book* also includes diagrams and special instructions for people with specific conditions such as ulcerative colitis patients, colostomy patients and chemo-pretreated patients.



35 pages \$5.00

The Little Juicing Book

Gerson Support Group UK

This booklet is a guide for people with cancer or other degenerative disease embarking on the Gerson Therapy, and also for those who want to follow the principles of the Gerson diet to maintain a healthy lifestyle. *The Little Juicing Book* contains tables of



Booklets/DVDs

calories, nutrients, vitamins and minerals in Gerson juices, recipes for Gerson Therapy juices, and a daily juicing schedule chart. It also provides information on types of juicers for the Gerson Therapy, where to get them and how to care for them.

35 pages \$5.00

An Ounce of Prevention

The Gerson Institute

This booklet contains selected articles from the Gerson Healing Newsletter with helpful tips and general information on health and diet, not limited just to the Gerson Therapy. Topics include: The Foods You Eat, Where You Live, Dangerous Additives, Behavior and Recipes.

19 pages \$2.00

Gerson Therapy Melanoma Study:

Five-Year Survival Rates of Melanoma Patients Treated by Diet Therapy after the Manner of Gerson: A Retrospective Review

GL Gar Hildenbrand, L Christeene Hildenbrand, Karen Bradford, and Shirley W. Cavin, MS

The Gerson Therapy Melanoma Study was originally published in the journal *Alternative Therapies*, September 1995 Vol. 1 No. 4. This study compares similarly-diagnosed melanoma patients treated with the Gerson Therapy with melanoma patients treated through conventional means,

such as chemotherapy, radiation and surgery, over the course of five years.

\$2.50

Gerson Therapy Case History Booklet Series

by Charlotte Gerson

Factual case histories of individuals confronted with life-threatening diseases who overcame their illnesses using the Gerson Therapy. These eight booklets present factual case histories for specific types of diseases. Listed below are the available booklets in this series.

Healing Brain & Kidney Cancer

Healing Breast Cancer

Healing Colon, Liver and Pancreas Cancer

Healing Lung Cancer & Respiratory Diseases

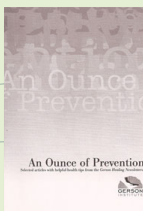
Healing Lymphoma

Healing Melanoma

Healing Ovarian and Female Organ Cancer

Healing Prostate & Testicular Cancer

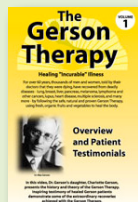
\$4.95 each (sold separately)



DVDs

The Gerson Therapy Vol. 1 – Overview and Patient Testimonials

Charlotte Gerson presents the history and theory of the Gerson Therapy. Charlotte explains the essential principles behind the Gerson Therapy, which heals chronic degenerative diseases through



DVDs

nutrition and detoxification. Inspiring testimonies of healed Gerson patients demonstrate some of the extraordinary recoveries achieved with the Gerson Therapy.

98 minutes. \$17.95

The Gerson Therapy Vol. 2 – At Home

Charlotte Gerson provides practical information and guidance for those who are using the Gerson Therapy at home. Recorded live at one of the Gerson Institute's educational seminars, this two-disc set includes nearly four hours of information, instruction, Q&A's and tips for avoiding common pitfalls.

2 discs, 222 minutes. \$34.95

The Gerson Therapy Vol. 3 – Food Preparation

Charlotte Gerson shows how anyone can prepare delicious, healthy Gerson Therapy meals and juices quickly and easily with live cooking demonstrations.

100 minutes. \$17.95

The Gerson Therapy DVD Set (Volumes 1-3)



Includes all three Gerson Therapy DVDs:

The Gerson Therapy - Overview and Patient Testimonials Vol. 1

The Gerson Therapy - The Gerson Therapy at Home Vol. 2

The Gerson Therapy - Gerson Therapy Food Preparation Vol. 3

\$65

The Beautiful Truth

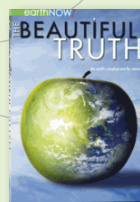
A documentary by Steve Kroschel. Garrett, a 15-year old boy, studies the controversial work of Dr. Max Gerson, and his nutritional therapy for chronic degenerative diseases. After cancer patients (diagnosed as terminal) shared their stories and medical records, it became clear that, contrary to the disinformation campaign spear-headed by the multi-billion dollar medical and pharmaceutical industry, a cure for virtually all cancers and chronic diseases does exist. Garrett's mission now is to tell the world.

93 minutes. \$24.95

The Gerson Miracle

This 2004 documentary by Steve Kroschel examines many of the elements of the Gerson Therapy, and explains how and why it has been healing the most advanced cases of cancer for over 75 years using nature's own materials and processes.

Nine Gerson patients relate stories of recovery from the most deadly cancers up to nineteen years ago, including liver, pancreatic and ovarian cancers. Their



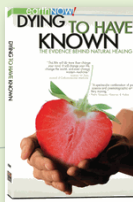
DVDs

inspiring testimonies are powerful evidence of the Therapy's effectiveness. Charlotte Gerson also describes her lifelong efforts to keep the Therapy alive despite powerful opposition.

91 minutes. \$24.95

Dying to Have Known

In this documentary, filmmaker Steve Kroschel interviews top nutritional and agricultural experts, two surgeons, a Japanese medical school professor who cured himself of liver cancer over 15 years ago and a lymphoma patient who was diagnosed as "terminal" over 50 years ago. On the other hand, he also interviews noted critics of this world-renowned healing method who dismiss the Gerson Therapy out of hand as "pure quackery." Why is this natural solution still suppressed? Can nutrition and detoxification really cure chronic degenerative diseases? The viewers are left to decide for themselves. *Dying to Have Known* was awarded Honorable Mention in the Feature-Length Documentary category, 2006 NY International Independent Film and Video Festival.



80 minutes. \$24.95

Special Bundled Package – The Gerson Miracle and Dying to Have Known

\$40.00



Food Matters – You Are What You Eat

Food Matters sets about uncovering the trillion dollar worldwide 'sickness industry' and exposes a growing body of scientific evidence proving that nutritional therapy can be more effective, more economical, less harmful and less invasive than most conventional medical treatments.



The filmmakers, James Colquhoun and Laurentine ten Bosch, have interviewed several world leaders in nutrition and natural healing, including Charlotte Gerson. These experts claim that not only are we harming our bodies with improper nutrition, but that the right kind of foods, supplements and detoxification can be used to treat and reverse chronic illnesses such as cancer, obesity, heart disease, depression, mental illnesses and many other conditions.

80 minutes. \$29.95

Healing Cancer from Inside Out

A documentary film by Mike Anderson, *The Rave Diet & Lifestyle*

If you think conventional treatments cure cancer...

If you think diet cannot cure cancer...

Think again.

In English, with subtitles in German, Spanish, Portuguese and French.

120 minutes. \$17.95

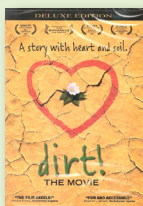


DVDs/Audio

Dirt! The Movie

A documentary by Bill Benenson and Gene Rosow

Dirt! The Movie is an insightful and timely film that tells the story of the glorious and unappreciated material beneath our feet. Inspired by William Bryant Logan's acclaimed book *Dirt: The Ecstatic Skin of the Earth*, *Dirt! The Movie* takes a humorous and substantial look into the history and current state of the living organic matter that we come from and will later return to. It is a winner of many film festival awards including "Best Green Documentary" and "Best Film for Our Future." Dr. Max Gerson wrote of the integral importance of dirt in *A Cancer Therapy: Results of Fifty Cases*: "the soil and all that grows in it is not something distant from us but must be regarded as our external metabolism, which produces the basic substances for our internal metabolism."



86 minutes. \$19.95

Audio

3 Generations – Max & Charlotte Gerson & Howard Straus

Dr. Max Gerson's interview on Long John Nebel's radio show WOR January 15 1957, Charlotte Gerson and Howard Straus on Tom Quinn's Perspectives KSCO, and other interviews in 2004 and 2005 about the Gerson Therapy, its history and suppression.

\$12.95

Long John Nebel Interview with Dr. Max Gerson

A 1957 radio interview with Max Gerson by Long John Nebel, an influential New York City talk radio show host. Dr. Gerson describes the Gerson Therapy in his own words and discusses the treatment of John Guenther, Jr. and other cases. Topics include: processed foods, living food, and opposition and investigations into the Gerson Therapy. This is the only known recording of Dr. Gerson's voice.

2-CD set. \$18.95

Curing 'Incurables'

Charlotte Gerson lectures and sets the stage for recovered patients to speak. Long-term recovered patients present their stories at the 1981 celebration of the 100th anniversary of Dr. Gerson's birth.

\$6.00

Presentation of 50 Healing 'Incurables'

Long-term recovered patients present their stories at the 1981 celebration of the 100th anniversary of Dr. Gerson's birth. Plus, this set includes Howard Straus, speaking of his memories of his grandfather. The lectures span over four CDs, each sold separately.

4 CD set. \$20

Total Health, from Conception to Active Old Age

Charlotte Gerson and Peggy Straus

Charlotte Gerson speaking at the 1981 San Diego Natural Healing Convention. This CD also features Charlotte's daughter Peggy Straus, speaking on the use of the Gerson Therapy in England.

\$6.00

Audio

How to Heal and Prevent Cancer & Other Incurable Diseases

Charlotte Gerson

A timeless Charlotte Gerson lecture from the 1981 convention marking the 100th anniversary of the birth of Dr. Max Gerson. Charlotte inspires listeners to make the necessary life style changes required to heal and to keep in good health for a lifetime.

2-CD set. \$12.00

Metabolic Treatment of Heart Disease

Dr. Sodi Pallarés

Dr. Sodi Pallarés, a Mexican cardiologist, professor and the creator of a metabolic therapy oriented to the production of molecular ATP, discusses the important role of potassium in the treatment of heart disease.

\$6.00

Thyroid Therapy for Degenerative Diseases

Broda Barnes, M.D.

Broda O. Barnes, M.D., Ph.D. dedicated more than 50 years of his life to researching, teaching and treating thyroid and related endocrine dysfunctions. He discusses the results of his studies, including how heart disease and tuberculosis are directly related to poor thyroid function. He also describes the most effective test for thyroid function (measuring underarm basal body temperature) and the importance of the thyroid gland.

\$6.00

Laetrile and Cancer

Ernst Krebs, Jr., DSc

Ernst Krebs was a biochemist, best known for his work with laetrile. On this CD, he describes the action of laetril (Vitamin B17), derived from apricot kernels, and how it works to heal cancer.

\$6.00

Diet and Cancer: 50 Years Cover-up

Peter Chowka

Peter Barry Chowka is a widely published investigative journalist and medical-political analyst who specializes in reporting on the politics of health care and innovative therapies.

\$6.00

Trapped Blood Proteins

Samuel West, N.D.

Dr. West, Chemist, Lymphologist and Naturopathic physician, speaks about the value of rebounding in overcoming pain, edema and improving circulation at the Gerson Natural Healing Convention, San Diego, CA 1981.

\$6.00

Franck-Ravel

Francesca Dego, violin and Francesca Leonardi, piano

Charlotte Gerson's granddaughter, Francesca Dego, plays C. Franck Sonata in A major and M. Ravel Sonata, accompanied by Francesca Leonardi on piano. Recorded in 2010.

\$17.95



Products

Enema Bucket Kit

1500-cc (48 oz) bucket is graduated in both ounces and milliliters. The soft vinyl tube (60" long) has a non-traumatic tip with rounded eyes for safe, easy insertion. The positive-close clamp on the tube is designed for one-handed operation. The enema bucket kit contains: bucket, soft red 16" catheter, tube, connector piece, plastic clamp, sterile lubricating jelly, castile soap packet, and moisture-proof under pad. Each set is individually wrapped in a polypropylene bag.



\$14.95

Red Rubber Catheter

To be used with the enema bucket kit. We sell them individually because the rest of the enema kit tends to last longer, this part tends to need replacing more frequently than the other pieces. The red catheter is 16" in length and comes in a sterile package.



\$3.00

Hard Plastic Connector for Bucket to Catheter

Small, hard plastic connector necessary to connect the hose of the enema bucket to the soft, red, rubber catheter. 3.5" in length, sterile.

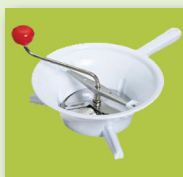


\$2.00

Food Mill

This rotary food mill is an excellent tool for making the Hippocrates Soup. The

food mill is made of heavy duty plastic and comes with three interchangeable stainless steel plates. It is easy to assemble and clean and never rusts. It has a two quart capacity and can also be used for making apple sauce, seedless tomato juice, mashed potatoes and winter squash. This product may ship separately.



\$29.95

Gerson Tote Bag

All purpose tote bag made of 8 oz, organic cotton. Eco-friendly, classic tote bag style and union made in the United States. The tote is a beautiful natural color with plenty of room and strength to haul a good amount of weight. Perfect for books or groceries. The front of the bag has the Gerson logo with a green apple and the phrase "healing with nature."



\$12.95

Gerson Apron

We are making available our own kitchen staff's professional chef's quality, adjustable bib apron in khaki, with beautifully embroidered green Gerson logo.



\$29.95

Membership

Help the Gerson Institute spread Dr. Gerson's message of hope & healing – become a member of the Gerson Institute today!

The Gerson Institute is a non-profit organization dedicated to teaching people how to heal chronic and degenerative diseases. By becoming a member, you can help the Gerson Institute provide:

Information and Referral Service: We answer an average of 170 calls and emails each day from people around the world facing difficult health decisions. We provide information about the Therapy, referrals to certified Gerson Clinics, Gerson Practitioners, Home Set-up Trainers and recovered patients who volunteer to speak with others about their experiences.

Educational Programs: We give informational talks about the Gerson Therapy, lead educational workshops, give media interviews, and provide volunteers with promotional materials so they can work to educate others in their communities. We also publish and distribute materials by and about Dr. Gerson and his Therapy, including books and DVDs. We produce a bi-monthly newsletter, *Healing News*, and a monthly eBulletin.

Patient Support: We conduct case evaluations for those interested in going to a Gerson Clinic and help patients following the Therapy at home find Gerson supplies. Our Coaching Team provides one-to-one support on the non-medical aspects of the Therapy. We also follow-up with patients after they leave a Gerson clinic to provide support and encouragement and to gather information for future research.

Training Programs: We train doctors and nurses to become licensed Gerson Practitioners. We also certify Home Set-up Trainers, individuals who assist Gerson patients in their homes, and we work with those interested in opening new Gerson Clinics.

*Each time you buy a book or DVD from the Gerson Institute, you are supporting these programs, but **you can also help by donating or becoming a member.***

Donations allow us to continue working to help Gerson patients like Mike Davis:

"I just wanted to send you a short note to say Thank You. Five years ago I was diagnosed with stage IV malignant Melanoma, I was 32. Had many, many lymph nodes removed, tried Interferon, but nothing seemed to stop the progress. My wife and family came upon the Gerson program... I followed the diet and regimen for two years and five years later I'm still here."

So please, support natural healing with your membership donation to the Gerson Institute. You can donate by filling in the membership section of the enclosed order form, visiting www.gerson.org, or calling (619) 685-5353.

Thank you for your support!

Gerson Institute

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